

Dear donor,

As Niek mentioned in his November course, we are in the 'collection time'. What have you experienced in the past year and how did you deal with it?

As a foundation, we are working on several major projects, some have been/will be completed this year, others will continue into 2024.

We already mentioned the completion of the check of the archive in the previous newsletter, you can read about our other projects later in this newsletter.

Control

Over the course of 2023, we have increasingly switched to a different way of holding meetings. We take sufficient time to discuss topics and add decision moments later. As a result, we meet more often, but for shorter periods. This means that we 'tick off agenda items' less and feel more deeply and that we can therefore make more use of everyone's expertise.

New website

We are very happy with our new website. A lot of hard work has gone into it and it has become a beautiful whole.



The Niek Brouw Motor Development

Niek Brouw's starting point is the unique person and the person in balance. He has done a lot of comparative research. Based on this research, his own powers of observation and the integration of other views and disciplines, he has developed a practical preventive and curative treatment for everyone.

The motor development of the body can be imitated through specific exercises from the Niek Brouw Motor Development.

Through the relatively simple exercises you can quickly find out where you are creating too much or too little tension and where you have skipped something in your development.

To read more about Niek Brouw, <u>click here</u> for the biography. To read more about his Motor development, <u>click here</u>.

If you haven't done it yet, take a quick look!

We have added a nice page about developmental motor skills and the biography has also been completely updated.

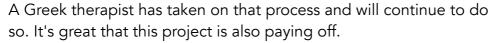
Business card

The foundation's calling card is at the practice at Vitaal. (It says, 'Touched by the exercises'/ 'If you want to read more, listen more about Niek Brouw' Motor development, visit the website to read or order') We hope it inspires people to view the website, read more or become a donor.



Reprint Greek translation Love, Aggression and Depression

As you may remember, we have purchased the rights to the Greek translation and the first copies will be printed on-demand by a publisher in January.







Only a thief has something to hide (in English)

The English translation of 'Hide' is making steady progress. A lot of energy is put into translating it in such a way that everything that Niek has put into the Dutch version in terms of feeling and inspiration will also be included in the English edition.

Donating

We thank you very much for the donation we received from you this year 2023. This makes some things financially possible, of course.

In addition, it strengthens us in the work we do for the foundation and means that together we can be a beautiful and strong network, on which what Niek has created can continue to flow.

After the gathering time comes midwinter time. A time of looking at your collection, ruminating, on the way to a new birth in January.

We wish you a good midwinter time.

Regards,

Valerie van Burk, Mim van der Meij en Rens Looij

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