

Newsletter March 2021

Dear Donor,

During this period of time, unconscious shocks are coming to the surface: Genetic shocks, that have been passed on, over and over, in families for generations.

Or shocks that you received at a young age and in which you sometimes immediately had to block that memory, in order to survive. Or sometimes you have blocked the feeling in order not to be submerged by it.

By surfacing now, those shocks can feel severe. At the same time, it also



gives you a chance, because you have suffered from that shocks all your life, without being aware.

They can be solved now, through experience, surrender, non-judging, trusting your body and the exercises of the Niek Brouw method.

Renewal website



In a consultation with Niek and Vitaal in the recent months, we also discussed our wish to show more moving images about the Niek Brouw method. To place them on our website to be updated. Due to the Corona limitations, we could of course not immediately start filming. We have agreed that we will continue

to brainstorm about this in the second quarter of this year.

We went further and came up with encouraging people to write a review about the Niek Brouw method. With great first results. As soon as the homepage has been renewed, space will be made for it. The same applies to the idea of placing photos, taken by Niek, on the homepage. Fennie and Frieda are working on that.

It is our pleasure to mention is that the website also provides new donors. We received a short while ago the following email:

"As for me, it's a very good and pleasant initiative. I just visited the site for the first time, and it appears to me to be very accessible to those involved, professionals and interested others.

In order to (continue to) flow with the changes of times and for further developments of this particularly wonderful body of thought, I support you wholeheartedly".

Archive

In addition to all kinds of smaller jobs, including transferring Niek's latest courses to DVD and MP4, we have been quite busy preparing for the careful, AVG-proof, opening of our archive for training and study options.

To this end, we have investigated which platform can best be used to do this, which requirements are set by the GDPR and how to achieve them.

We hope it all can be operational before the summer.

One of our donors has now started to provide a number of items from the archive with keywords. That has not already happened for all 803 items. Thank you for that!



Substantive and financial annual report 2020

Our donors receive the Substantive and Financial Annual Report by e-mail with the newsletter.

We had a good year, including

the celebration of our 5-year anniversary as a foundation in a donor-meeting, with Anna Verwaal as a speaker.

The annual report for 2020 has of course been assessed by the accountant in terms of finances and approved.

Read the report for more information. It can be found on the website at <u>https://niekbrouw.nl/wp-content/uploads/2021/04/Substantive-and-financial-annual-report-Financial-year-2020-Niek-Brouw-Method-Research-Foundation.pdf</u>

Multi-year policy plan 2021-2022



We have also drawn up a new multiyear policy plan in recent months. Which goals do we wish to achieve and how?

Donors are now used to such a multiyear plan. After all, it is the third multi-year plan. They will receive the policy plan by e-mail with this newsletter.

Like the annual report, this document can also be found at

https://niekbrouw.nl/wp-content/uploads/2021/04/Multi-year-policy-plan-Niek-Brouw-Method-Research-Foundation-2021-2022.pdf

ANBI

The changes to the articles of association in order to arrive at an ANBI application have been discussed a number of times between the civil-law notary and the board.



An ANBI status has a number of consequences for our

foundation and those involved. We carefully weigh the pros and

cons against each other, also together with Niek, before we come to the final choice.

We will inform you furthermore about this in a next newsletter.

Will you continue to be involved in our work in 2021?

We hope that you will also remain involved in the work of the foundation in 2021. This is customary through donation. You can also add a review about the Niek Brouw method.

Kind regards, Mim van der Meij, Frieda Drijver, Fennie Vrij and Rens Loojj

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